

## 12U DIVISION: All Skill Levels, 10 - 11 Years Old

## Birth years 2014 - 2015 Program Overview

10-12 years is the golden age for learning and the perfect age to increase focus on specific techniques and skills. It is the time for ADVENTURE and polishing the player's technical skills.

- **Field Size:** The Field Size for 12U games is 70-80 yards long and 44-55 yards wide.
- Goals: Goal Size is 6.5 feet high x 18.5 feet wide. (Max size 7 feet high x 21 feet wide).
- Ball Size: 4
- Players on Field: 9 vs. 9 with a minimum of 6 players/team on the field (one of which is the Goalkeeper). 12 maximum on roster.
- Practice Session: 60 Minutes no more than twice a week
- **Game Length:** 60 Minutes (30 Minute Halves / Time must include breaks between quarters and halftime)

Session Frequency: One session per week, Saturday mornings

Location: 1700 N. Ridge Rd. Wichita, KS 67212

What to Bring: Size 4 Soccer Ball (labeled with player's name), Water Bottle, Shin

Guards, Cleats

## Volunteer Positions Available- Contact coachadmin@ayso208.org if interested:

- Head Coach
- Assistant Coach
- Team Manager